10/23/2026	# of Servings	Calories per serving (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Bowls & Plates												
Huberman's Organic Turkey Chili	1	730	37	11	0	105	1910	67	11	23	3	36
Not So Basic Veggie Chili	1	680	29	9	0	30	2000	89	15	29	3	22
Fall Blackened Salmon Bowl	1	960	63	9	0	60	1990	71	12	11	0	33
The goop Teriyaki Bowl	1	720	34	5	0	104	1850	76	12	25	18	34
Miso Salmon Bento Box	1	590	34	6	0	231	1610	43	5	14	8	28
G-Potle Taco Crunch Bowl	1	810	60	14	0	115	2030	39	12	8	2	34
The Harissa Chicken Bowl	1	980	66	12	0	120	2630	58	10	11	3	45
Salads												
Brentwood Chinese Chicken Salad	1	540	35	6	0	62	890	32	10	11	4	26
Everyday Kale And Brussels Salad	1	730	60	16	0	54	830	35	12	18	12	19
Fall Harvest Chopped Salad	1	890	70	15	0	45	1070	57	10	37	9	20
GP's Classic-ish Cobb Salad	1	790	72	14	0	212	1130	25	10	13	5	18
Seasonal Crunch Salad	1	860	66	12	0	30	1190	65	12	37	4	13
The Greenest Green Salad	1	670	55	7	0	0	720	38	17	9	0	13
Little Gem Caesar Salad	1	480	37	9	0	25	1200	23	5	3	0	17
The goop Father Italian Chopped Salad	1	760	67	13	0	39	1930	29	7	5	5	12
The BEST Arugula Salad	1	470	44	8	0	14	780	12	3	5	0	11
Thai Crispy Rice Noodle Salad	1	780	45	6	0	62	1380	70	8	16	6	28
Handhelds												
Chicken Caesar Wrap	1	940	69	21	0	84	1820	51	7	3	0	33
Teriyaki Salmon Hand Rolls	1	700	38	6	0	42	1970	70	4	19	18	21
Korean BBQ Chicken Wrap	1	690	29	15	0	105	1910	84	6	22	17	29
Summer Salad Rolls	1	660	45	6	0	0	1050	60	6	18	12	11
Curry Chicken Salad Summer Rolls	1	440	21	3	0	100	1050	27	3	14	1	34
The Turkey Avo Wrap	1	940	65	23	0	102	1080	53	6	11	9	39
Soups And Side Salads												
Organic Turmeric Spiced Bone Broth	1	360	27	8	0	132	1070	2	1	1	0	25
Japanese Sweet Potato Soup	1	470	28	3	0	0	830	53	8	23	8	4
Chef Kim's Magic Mineral Broth	1	100	0.2	0	0	0	1010	20	5	7	0	4
Curry Cauliflower Soup	1	450	35	23	0	0	1250	34	6	17	11	6
Soup & Side Salad	1	510-1180										
Seasonal Crunch Salad - Side	1	710	59	9	0	15	960	44	9	25	4	9
The BEST Arugula Salad - Side	1	410	41	7	0	7	680	8	2	3	0	7
Little Gem Caesar Salad - Side	1	430	34	7	0	15	1080	21	4	3	0	13
Everyday Kale And Brussels Salad - Side	1	600	50	12	0	32	700	30	9	17	11	12
Pizza & Pasta												
Mosey's BBQ Chicken Pizza	3	720	38	14	0	78	1640	72	4	11	8	25
The Fall Classic	3	710	39	13	0	60	1570	78	3	15	10	18
Field Of Greens	3	1100	84	19	0	55	1910	69	4	5	2	23
Cheese & Thank You	3	600	35	11	0	45	1300	62	3	4	2	15
Shroom Shroom	3	760	47	15	0	62	1470	69	4	6	2	20
Pepperoni Potts	3	670	40	13	0	64	1560	63	3	3	2	18
Sausage & Brocc	3	830	47	19	0	109	1830	70	5	8	4	32
Queen Margherita	3	520	29	8	0	24	1020	62	3	3	2	8
The Goopfellas Pizza	3	860	52	20	0	126	2060	68	4	8	2	29
Pepperonini	3	630	36	10	0	51	1590	62	3	4	2	17
Turkey Meatballs	2	260	14	4	0	91	830	15	3	5	0	21
GP's Turkey Bolognese	2	440	17	3	0	90	1420	56	6	7	0	19
Pesto Pasta	2	560	40	5	0	55	1140	45	4	2	0	8
Penne, No Vodka	2	590	38	17	0	145	1200	54	5	12	0	12
Chicken & Mains												

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goop For TWO	2	700-2080										
goop For ALL	3-5	980-2510										
Whole Organic Rotisserie Chicken	4	370	19	5	0	133	720	1	0	0	0	44
Half Organic Rotisserie Chicken	2	370	19	5	0	133	720	1	1	0	0	44
Sides												
Garlic Roasted Japanese Sweet Potatoes	2	340	6	1	0	0	420	68	5	20	0	3
Smashed Fingerling Potatoes	2	360	24	3	0	0	370	34	4	2	0	4
GP's Soccata	2	330	17	4	0	10	800	33	7	6	0	13
Simple Garlic Broccoli	2	100	6	1	0	0	270	10	3	2	0	4
Fancy Mac-n-Cheese	3	370	21	13	0	90	1130	26	1	3	0	18
Mashed Potatoes	2	220	12	6	0	26	790	24	4	4	0	4
Roasted Cauliflower	2	100	8	1	0	0	410	8	3	2	0	2
Glazed Rainbow Carrots	2	240	13	5	0	15	860	30	7	16	4	3
Desserts												
Dark Chocolate & Sea Salt Brownie	2	270	16	4	0	25	65	27	5	19	19	4
Coco Chocolate Chip Cookies	2	190	10	5	0	1	25	13	3	9	8	2
Maple Pumpkin Bread	2	110	4	1	0	25	125	19	0	9	8	2
Tahini Cookies	2	70	4	0	0	5	45	8	1	5	5	2
Side Dressings												
Dijon Mustard Vinaigrette	1	350	38	5	0	0	450	4	1	3	2	1
Creamy Italian Dressing	1	320	34	4	0	0	310	3	1	1	0	1
Greek Goddess Dressing	1	130	12	1	0	0	440	5	1	3	0	1
Cashew Vinaigrette	1	240	20	3	0	0	460	14	2	9	6	3
Carrot-Ginger Vinaigrette	1	170	14	2	0	0	480	9	1	6	4	1
Miso Honey Vinaigrette	1	260	23	3	0	0	600	11	2	7	4	2
Non-Dairy Ranch Dressing	1	280	29	3	0	0	170	3	1	0	0	1
Maple Mustard Vinaigrette	1	320	31	4	0	0	370	11	1	10	9	1
Spicy Calabrian Caesar Dressing	1	250	24	4	0	9	580	5	1	0	0	4
Caesar Dressing	1	220	23	3	0	0	560	4	0	1	0	1
Lemon Vinaigrette	1	330	37	5	0	0	400	2	1	1	0	0
Apple Cider Vinaigrette	1	310	29	4	0	0	310	11	0	9	9	0
Side Sauces												
Teriyaki Sauce	1	70	1	0	0	0	790	16	0	13	13	2
Korean BBQ Sauce	1	80	1	0	0	0	740	17	0	12	11	3
Arbol-Amarillo Salsa	1	220	23	3	0	0	510	4	1	2	0	1
Shallot-Garlic Chili Crunch Oil	1	400	39	5	0	0	220	13	3	7	5	2
Salsa Verde	1	290	30	4	0	0	430	3	1	0	0	1
Pineapple Mango Chutney	1	45	0	0	0	0	0	11	1	9	1	1
BBQ Sauce	1	120	0	0	0	0	730	29	1	23	0	1
Garlic Aioli	1	310	33	4	0	0	330	4	0	0	0	1
Herby Aioli	1	260	28	3	0	0	370	3	1	1	0	1
Spicy Aioli	1	310	34	4	0	0	460	3	0	0	0	0
Hummus	1	160	12	2	0	0	460	9	3	1	0	5
Side Crunchy Toppings												
Herb and Garlicky "Croutons"	1	70	5	1	0	0	80	5	1	1	0	1
Superseed Crunchies	1	110	8	1	0	0	60	6	4	0	0	4
Candied Puffed Rice and Seed Mix	1	60	3	0	0	0	170	6	1	3	3	1
Gluten-Free Parmesan Croutons	1	90	5	1	0	0	220	11	1	0	0	1
Superseed Crackers	1	80	5	1	0	0	35	4	2	0	0	2
Super Secret Pizza Seasoning	1	60	2	1	0	2	800	11	6	1	0	3
Crispy Rice & Turmeric Spiced Cashew Mix	1	90	6	1	0	0	150	7	1	3	2	2
Grain-Free "Wontons," Toasted Quinoa, and Roasted A	1	120	8	3	0	0	80	10	1	0	0	2

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A la Carte Proteins and Sides												
Hand-Pulled Organic Chicken	1	140	6	1	0	62	290	0	0	0	0	19
Blackened Salmon	1	270	19	4	0	55	320	1	0	0	0	21
Herb-Roasted Salmon	1	280	20	4	0	55	760	1	0	0	0	21
Miso Salmon	1	290	19	4	0	55	830	5.2	1	4	2	21
BBQ Glazed Tofu	1	130	5	1	0	0	600	14	1	10	9	11
GP's Soccata	1	330	17	4	0	10	800	33	7	6	0	13
Mushroom Carnitas	1	140	12	1	0	0	420	7	2	2	0	3
Spiced Chickpeas	1	250	21	3	0	0	420	16.7	5	3.7	0	5
7-Minute Egg	1	80	5	2	0	187	70	1	0	1	0	6
Half an Avocado	1	210	20	3	0	0	10	9	7	1	0	2
Organic Curry Chicken Salad	1	360	21	3	0	100	960	9.4	1	7.2	0	32
Crunchtime Plate	2	170	14	2	0	0	600	8	4	0	0	4
Beverages with Benefits												
Strawberry Goji Palmer	1	34	0	0	0	0	5	8	0	6	2	0
Passionfruit Refresher	1	50	0	0	0	0	15	13	0	12	8	0
Yuzu Spritz	1	40	0	0	0	0	10	11	0	8	8	0
Yuzu Co Ginger Tonic Shot	1	25	0	0	0	0	0	6	0	5	5	0
Yuzu Co Ginger Tonic 1L	10	40	0	0	0	0	0	11	0	8	8	0
Voss Sparkling Water	1	0	0	0	0	0	0	0	0	0	0	0
Voss Still Water	1	0	0	0	0	0	0	0	0	0	0	0
Something & Nothing Cucumber Soda	1	45	0	0	0	0	0	11	0	7	0	0
Something & Nothing Hibiscus Rose	1	50	0	0	0	0	0	13	0	9	0	0
Something & Nothing Orange & Mandarin	1	45	0	0	0	0	0	11	0	7	0	0
Kollo Green Tea	1	0	0	0	0	0	20	1	0	0	0	0
Kollo Black Tea	1	0	0	0	0	0	20	1	0	0	0	0
Hiyo Blackberry Lemon	1	30	0	0	0	0	0	11	1	5	3	0
Bambucha - Hibiscus Rose	1	50	0	0	0	0	20	11	0	9	9	0
Bambucha - Thai Ginger	1	70	0	0	0	0	20	14	0	12	12	0
Kirra Lychee Jasmine Green Tea	1	25	0	0	0	0	0	6	0	6	0	0
Kirra Passionfruit Guava Black Tea	1	35	0	0	0	0	0	8	0	7	0	0
Kirra Mango Black Tea	1	35	0	0	0	0	0	9	0	9	0	0