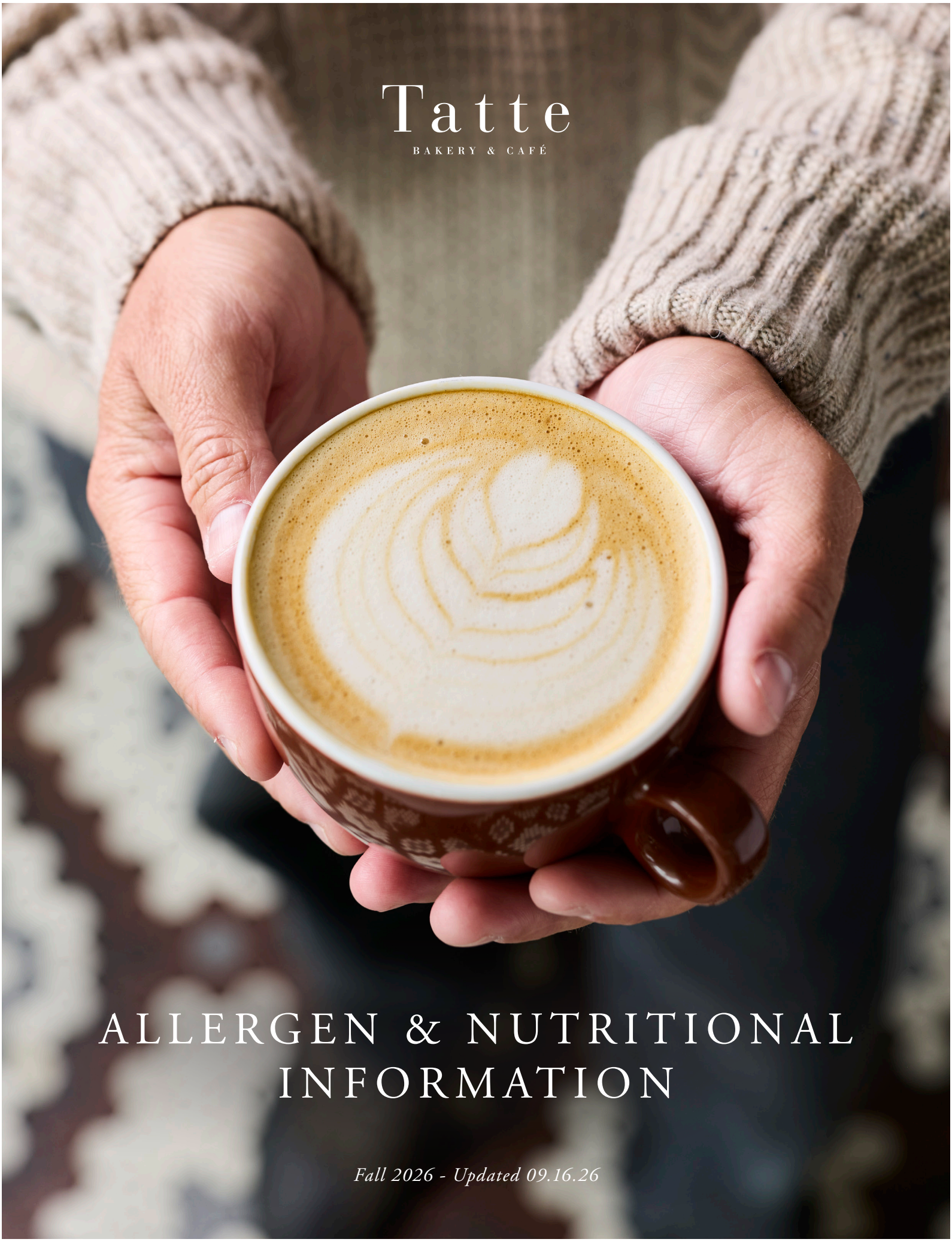


ALLERGEN & NUTRITIONAL INFORMATION

Fall 2026 - Updated 09.16.26

ALLERGEN INFORMATION

Gluten and tree nuts are present throughout our kitchens and bakeries, so we cannot guarantee that your food will be completely free from these allergens. Cross-contact may occur. We have marked items that can be made with No Gluten-Containing Ingredients (NGI)

Please note that this allergen guide states what allergen is present in each dish as prepared, without modifications. Tatte does not use peanuts or shellfish and therefore they are not noted on this guide.

Please inform a member of our team if anyone in your party has a food allergy.

TREE NUT GUIDE

A - Almond; Cw - Cashew; H - Hazelnut;
Pec - Pecan; Pis - Pistachio; Pin - Pine Nut; W - Walnut

ALLERGEN INFORMATION v. 09.16.26

NAME	WHEAT	MILK	EGG	SOY	SESAME	TREE NUTS	FISH	NOTES
BREAKFAST								
Bread And Butter	X	X	X					
Breakfast Sandwich	X	X	X					NGI version available
Croissant Sandwich	X	X	X					NGI version available
Croque Madame	X	X	X					
Croque Monsieur	X	X	X					
Halloumi & Sunny-Side Sandwich	X	X	X					NGI version available
House Breakfast Plate	X	X	X					NGI version available
Lamb Hash	X	X	X	X				NGI version available
Muesli		X			X	A, Cw		
Warm Oatmeal with Dried Fruits					X			
Scrambled Egg Plate - Prosciutto	X	X	X					NGI version available
Scrambled Egg Plate - Tomato & Goat Cheese	X	X	X					NGI version available
Smoked Salmon, Avocado & Egg Sandwich	X	X	X	X			X	NGI version available
BRUNCH								
Donut - Strawberry	X	X	X					
Donut - Vanilla Sugar	X	X	X					
French Toast - Savory	X	X	X		X			
French Toast - Sweet	X	X	X			A		
Greek Style Pancakes	X	X	X		X			
Meze Breakfast	X	X	X		X	Cw, Pis, H		NGI version available
TARTINES								
Avocado	X		X					NGI version available
Smoked Salmon Avocado	X	X	X	X			X	NGI version available
SHAKSHUKA								
Potato, Mushroom & Bacon Shakshuka	X	X	X					NGI version available
Meatball	X	X	X					NGI version available
Traditional	X	X	X					NGI version available
PLATES								
Hummus	X				X	H		NGI version available
Fresh Corn, Avocado & Farro	X	X						
Maple Aleppo Chicken		X				H		
Quiche - Leek, Potato & Spinach & Salad	X	X	X					
Roasted Salmon & Winter Vegetable Rice							X	
Harissa Roasted Salmon & Rice		X					X	NGI version available
Tomato Mozzarella Flatbread Slice	X	X				Pin		
SANDWICHES								
BLAT	X		X	X				NGI version available
Broccolini & Squash Hummus Pita	X				X			
Chicken Pita	X	X	X	X				
Chicken Salad	X	X	X	X				NGI version available
Fresh Mozzarella	X	X				Pin		
Grilled Cheese	X	X						
Kids Sandwich	X	X	X					NGI version available
Lamb Kebab Pita	X	X						
Prosciutto & Fig Panini	X	X						
Roasted Cauliflower	X	X				Pin		
Roasted Salmon	X		X	X			X	
Short Rib Grilled Cheese	X	X	X					NGI version available
Tuna	X	X	X				X	NGI version available
Turkey Avocado	X	X	X	X				NGI version available
Turkey BLAT	X		X	X				NGI version available

TREE NUT GUIDE: A - Almond; Cw - Cashew; H - Hazelnut; Pec - Pecan; Pis - Pistachio; Pin - Pine Nut; W - Walnut

ALLERGEN INFORMATION v. 09.16.26

NAME	WHEAT	MILK	EGG	SOY	SESAME	TREE NUTS	FISH	NOTES
SALADS								
Tahini Caesar Salad	X	X	X		X		X	
Crunchy Halloumi	X	X	X		X	A		NGI version available
Fattoush	X	X	X		X			
Green & Nutty	X	X	X	X	X			NGI version available
Maple, Squash & Chicken Salad	X	X	X			A		NGI version available
SOUPS								
Chicken Vegetable	X		X					NGI version available
Red Lentil Soup	X		X					NGI version available
Tomato Basil	X	X	X					NGI version available
GRAB & GO								
Bagged Salad Rolls	X		X					
Berries & Grapes								
Cashew Pepper Spread						Cw		
Chicken Salad		X	X	X				
Labneh		X						
Mediterranean Farro Salad	X	X			X			
Muesli		X			X	A, Cw		
G&G Overnight Oats with Dried Fruits					X			
Tomato Basil Soup		X						
Tuna Salad		X					X	
BAKERY - MORNING PASTRIES								
Boureka, Cheese	X	X	X		X			
Croissant - Almond	X	X	X			A		
Croissant - Chocolate	X	X	X					
Croissant - Ham & Cheese	X	X	X		X			
Croissant - Pistachio	X	X	X			Pis		
Croissant - Plain	X	X	X					
Danish - Sour Cherry Cream Cheese	X	X	X					
Jerusalem Bagel	X				X			
Kouign Amann	X	X	X					
Morning Bun	X	X	X					
Monkey bread	X	X	X					
Muffin - Blueberry Olive Oil	X	X	X					
Muffin - Dark Chocolate (NGI)		X	X					
Rose - Chocolate	X	X	X	X				
Rose - Cinnamon Pecan	X	X	X			Pec		
Tea Cake - Halva (NGI)		X	X		X	A		
Tea Cake - Raspberry (NGI)		X	X			A		
Turnover - Apple	X	X	X					
Scone - Cherry Almond Scone	X	X	X			A		
BAKERY - BROWNIES & COOKIES								
Gingerbread Tile	X	X	X					Contains alcohol
Brownie - Plain (NGI)		X	X					
Brownie - Walnut (NGI)		X	X			W		
Butter Nutella Cookie	X	X	X	X		H		
Chocolate Sandwich Cookie	X	X			X			
Cranberry Pistachio Cookie	X	X	X			Pis		
Halva Chocolate Chunk Cookie	X	X	X		X			
Linzer Cookie	X	X	X					
Oatmeal & Walnut Cookie (NGI)		X	X			W		
Plain Butter	X	X	X					

TREE NUT GUIDE: A - Almond; Cw - Cashew; H - Hazelnut; Pec - Pecan; Pis - Pistachio; Pin - Pine Nut; W - Walnut

ALLERGEN INFORMATION v. 09.16.26

NAME	WHEAT	MILK	EGG	SOY	SESAME	TREE NUTS	FISH	NOTES
BAKERY - CAKES & DESSERTS								
Apricot Plum Galette	X	X	X					
Almond Tart - Long	X	X	X			A		
Apple Pie	X	X	X					
Cheesecake - Blue	X	X	X					
Cheesecake - Crumbs	X	X	X					
Cheesecake - Red	X	X	X					
Coffee Cake	X	X	X			W		
Coffee Caramel Mousse (NGI)		X	X					
Dark Chocolate Mousse (NGI)		X	X					
Fruit Box - Mixed Berry	X	X	X					
Honey Apple Cake	X	X	X			A		
Honey Carrot Cake	X	X	X					
Krembo - Passion Fruit		X	X					
Krembo - Vanilla Lime		X	X			A		
Lemon Mint Tart	X	X	X					
Lemon Poppy Pound Cake	X	X	X					
Maple Pecan Pie	X	X	X			Pec		
Meringue Cloud - Raspberry Yogurt (NGI)		X	X					
Mixed Nut Box	X	X	X			Cw, H, Pec, Pis, W		
Mixed Tart - Long	X	X	X			Cw, H, Pec, Pis, W		
Pear Tart	X	X	X			A		
Pecan Tart - Long	X	X	X			Pec		
Pineapple Passionfruit Matcha Bombe	X	X	X			A		
Pistachio Cherry Tart	X	X	X			A, Pis		
Pistachio Crush		X	X			Pis		
Strawberry Rhubarb Pie	X	X	X					
Tiramisu	X	X	X					
BAKERY - BREAD								
Baguette	X							
Challah/Rolls	X		X					
Ciabatta	X							
Focaccia	X	X						
Multigrain	X							
Sourdough	X							
RETAIL - COFFEE & TEAS								
12 Oz Bag, Tatte #1 Drip Blend								
12 Oz Bag, Tatte #4 Espresso Blend								
Mem Tea Premium Matcha Powder								
Tea, Apple Berry Retail Tin								
Tea, Blood Orange Hibiscus Retail Tin								
Tea, Golden Buds Retail Tin								
Tea, Golden Green Retail Tin								
Tea, Lemon Chamomile Retail Tin								
Tea, Moroccan Mint Retail Tin								
RETAIL - OTHER								
16 Oz, Retail Granola						A, Cw		
GIFT ASSORTMENTS & HOLIDAY								
Cookie Assortment Gift Box - Large	X	X	X			A, Pis, Pec		
Cookie Assortment Gift Box - Small	X	X	X			Pis		
Royal Icing Egg Cookie	X	X	X					
Hot Cross Buns	X	X	X					
Coconut Macaroons		X	X					Coconut is no longer classified as a tree nut/ major allergen
Chocolate Covered Matzo Bark	X							
Pride Cake		X	X			A		

TREE NUT GUIDE: A - Almond; Cw - Cashew; H - Hazelnut; Pec - Pecan; Pis - Pistachio; Pin - Pine Nut; W - Walnut

ALLERGEN INFORMATION v. 09.16.26

NAME	WHEAT	MILK	EGG	SOY	SESAME	TREE NUTS	FISH	NOTES
DRINKS - BOTTLED								
Blood Orange Pellegrino								
Bottled Water								
Kale & Apple Juice								
Limonata Pellegrino								
Mint Lemonade								
Orange Juice								
Pear Juice								
San Pellegrino Sparkling Water								
DRINKS - COFFEE								
Café Au Lait		X						
Coffee								
Cold Brew								
Orange Blossom Vanilla Cold Foam Cold Brew		X						
DRINKS - ESPRESSO								
Americano								
Cappuccino		X						
Cortado		X						
Espresso								
Flat White		X						
Honey Halva Latte		X		X	X			
Latte		X						
Macchiato		X						
Mocha		X						
Pistachio Latte		X				Pis		
Pistachio Rose Cold Foam Latte		X				X-Pistachio		
Red Eye								
DRINKS - OTHER								
Chai Latte		X						
Cold Milk		X						
Hot Chocolate		X						
Black Sesame Latte		X			X			
Tahini Pumpkin Oatmilk latte					X			
London Fog		X						
Matcha Latte		X						
Preserved Fig Lemon Mint Soda								
Sparkling Matcha Lemonade								
Matcha Rhubarb Spritz								
Steamed Milk		X						
DRINKS - TEAS								
Apple Berry								
Blood Orange Hibiscus								
Blue Flower Earl Grey								
English Breakfast								
Golden Buds								
Golden Green								
Iced Tea								
Lemon Chamomile								
Moroccan Mint								
Tea Cooler, Mango Ginger								
Tea Cooler, Strawberry Chamomile								
Tea Cooler, White Peach & Mint								

TREE NUT GUIDE: A - Almond; Cw - Cashew; H - Hazelnut; Pec - Pecan; Pis - Pistachio; Pin - Pine Nut; W - Walnut

ALLERGEN INFORMATION v. 09.16.26

CATERING

NAME	WHEAT	MILK	EGG	SOY	SESAME	TREE NUTS	FISH	NOTES
BREAKFAST								
Breakfast Sandwich Assortment (serves 10)	X	X	X					NGI version available
Breakfast Sandwich	X	X	X					NGI version available
Avocado Breakfast Sandwich	X	X	X					NGI version available
Savory Pastry Assortment (serves 10–12)	X	X	X		X			
Cheese Boureka	X	X	X		X			
Spinach Labneh Pita	X	X	X		X			
Ham & Cheese Croissant	X	X	X		X			
Sweet Pastry Assortment (serves 10–12)	X	X	X					
Plain Croissant	X	X	X					
Pain Au Chocolat	X	X	X					
Apple Turnover	X	X	X					
Morning Bun	X	X	X					
Chocolate Muffin	X	X	X					
Blueberry Muffin	X	X	X					
Mixed Berry Muesli Cups (serves 10)		X			X	X		
Overnight Oats with Dried Fruits (10 CT)					X			
Catering - Overnight Oats with Dried Fruits 1 CT					X			
Fruit Platter (serves 20)								
Berries & Grapes Fruit Cups (10)								
Box of Hot Coffee (serves 8–10)								
Breakfast Box (varies)								
Halloumi Breakfast Sandwich	X	X	X					NGI version available
Smoked Salmon, Avocado, & Egg Sandwich*	X	X	X	X			X	NGI version available
Avocado Tartine	X	X	X					NGI version available
Smoked Salmon & Avocado Tartine*	X	X	X	X			X	NGI version available
LUNCH								
Tatte Sandwich Assortment (serves 10)	X	X	X	X		X		
Mixed Greens Salad & Tatte Cookie Box (serves 10)	X	X	X	X	X	X		
Fruit Platter (serves 20)								
Tomato Basil Soup (cup)	X	X	X					NGI version available
Tomato Basil Soup (bowl)	X	X	X					NGI version available
Lunch Box No. 1 (varies)								
Lunch Box No. 2 (varies)								
B.L.A.T.	X		X	X				NGI version available
Turkey B.L.A.T.	X		X	X				NGI version available
Turkey Avocado	X	X	X	X				NGI version available
Chicken Pita	X	X	X	X				
Chicken Salad	X	X	X	X				NGI version available
Tuna	X	X	X				X	NGI version available
Chilled Salmon	X		X	X			X	
Prosciutto & Fig Panini	X	X						
Short Rib Grilled Cheese	X	X	X					NGI version available
Sundried Tomato & Eggplant	X							
Roasted Cauliflower Pita	X	X				X		
Fresh Mozzarella	X	X				X		
SALADS								
Choose Your Favorites: Maple, Squash & Chicken Salad - Ind	X	X	X			A		NGI version available
Choose Your Favorites: Maple, Squash & Chicken Salad - LG	X	X	X			A		NGI version available
Tahini Caesar Salad	X	X	X		X		X	
Crunchy Halloumi	X	X	X		X	A		NGI version available
Green & Nutty	X	X	X	X	X			NGI version available
Fattoush	X	X	X		X			

TREE NUT GUIDE: A - Almond; Cw - Cashew; H - Hazelnut; Pec - Pecan; Pis - Pistachio; Pin - Pine Nut; W - Walnut

ALLERGEN INFORMATION v. 09.16.26

CATERING

NAME	WHEAT	MILK	EGG	SOY	SESAME	TREE NUTS	FISH	NOTES
DESSERT								
Dessert Assortment	X	X	X					
Tatte Cookie Box	X	X	X		X	X		
Signature Assortment	X	X	X		X			
Brownie Finger Box		X	X			X		
Fresh Berries Cheesecake	X	X	X					
Lemon Mint Tart	X	X	X					
Gluten-Friendly Dark Chocolate Mousse		X	X					
Pear Tart	X	X	X			X		
Cinnamon Walnut Coffeecake	X	X	X			X		
Gluten-Friendly Raspberry Yogurt Meringue Cloud		X	X					
Gluten-Friendly Brownie Finger		X	X					
Gluten-Friendly Oatmeal Raisin		X	X			X		
Halva Chocolate Chunk	X	X	X		X			
Linzer	X	X	X					
Chocolate Sandwich	X	X			X			
Butter Cookie Tube	X	X	X					
Nutella Cookie Tube	X	X	X	X		X		
Tiramisu	X	X	X					
Fresh Berries Cheesecake Cup	X	X	X					
Pear Tart	X	X	X			X		
Pistachio Cherry Tart	X	X	X			X		
Gluten-Friendly Dark Chocolate Mousse		X	X					
DRINKS								
Box of Hot Coffee (serves 8–10)								
Box of Cold Brew (serves 8–10)								
Assorted Mem Tea (serves 8–10)								
Iced Tea (1 liter, serves 6–8) - Black								
Iced Tea (1 liter, serves 6–8) - Green								
Iced Tea (1 liter, serves 6–8) - Herbal								
Orange Juice (12oz bottle or 1 liter)								
Mint Lemonade (12oz bottle or 1 liter)								
Pear Juice (12oz bottle)								
Kale & Apple Juice (12oz bottle)								
Bottled Water								
Pellegrino Sparkling Water								
Pellegrino Soda - Blood Orange								
Pellegrino Soda - Limonata								
MORE TO SHARE								
Charcuterie Platter (serves 8–10)	X							
Seasonal Vegetable Platter (serves 8–10)		X			X			
Mezze Platter (serves 10)	X				X	X		
Fruit Platter (serves 20)								
Quiche: Leek, Potato & Spinach (each serves 8–10)	X	X	X					
Pita Assortments (Large serves 12–14 / Small serves 6–8)	X	X			X	X		

TREE NUT GUIDE: *A - Almond; Cw - Cashew; H - Hazelnut; Pec - Pecan; Pis - Pistachio; Pin - Pine Nut; W - Walnut*

NUTRITIONAL INFORMATION

Nutritional information is based on 1 serving of each item unless noted in the notes column. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The following information is shown based on our standard recipes. Customization of your order may impact the accuracy and/or completeness of the available nutritional information.

NUTRITIONAL INFORMATION v. 09.16.26

NAME	CALORIES (CAL) / SERVING	TOTAL FAT (G)	SAT FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	NOTES
BREAKFAST											
Bread And Butter	710	19	8.5	0	44.5	1110	115	6	27	16	
Breakfast Sandwich	870	45	18.5	0	511	1590	67	3	0	31	
Croissant Breakfast Sandwich	720	48	25	0	326.5	820	47	6	7	14	
Croque Madame*	830	53	27	0	373	2650	50	2	12	37	
Croque Monsieur	700	41.5	24.5	0	158	1680	49	2	12	31	
Halloumi & Sunnyside Breakfast Sandwich	520	22.5	7.5	0.5	264	1000	61	3	8	21	
House Breakfast Plate	660	31	7.5	0	493	2220	62	5	7	30	without bread: 470
Lamb Hash	930	61	20	0	332.5	1930	63	7	13	32	without bread: 760
Muesli Bowl	980	65	31	0	125	340	86	10	45	18	
Muesli Cup	670	37.5	16.5	0	100	150	47	5	24	16	
Warm Oatmeal with Dried Fruits	510	10	1	0	0	111.5	96	11	43	12	
Scrambled Egg Plate, Prosciutto	640	41.5	21.5	1	1152	620	34	1	0	31	without bread: 450
Scrambled Egg Plate, Tomato & Goat Cheese	690	48	24.5	1	522	660	38	2	4	25	without bread: 500
Smoked Salmon & Egg Sandwich	770	46.5	14	0.5	320	2220	66	6	8	29	
Toast	330	0.5	0	0	0	690	65	3	0	11	
BRUNCH											
Donut, Strawberry	490	24	13	1	123	300	59	2	23	9	
Donut, Vanilla Sugar	450	24	13	1	123	290	48	2	13	9	
French Toast	1330	73	34.5	1	302	1190	147	7	73	30	
Meze Breakfast*	980	58.5	12	0	447	2780	86	6	18	39	without bread: 550
Pancakes	1070	49	21.5	0	363.5	1170	137	4	62	23	
Savory French Toast	1200	77.5	29	1	691.5	2120	95	5	17	41	
Avocado	670	29	6	0	430	1830	75	8	2	26	
Smoked Salmon Avocado	740	55.5	9.5	0	43.5	1570	45	9	3	22	
SHAKSHUKA (with bread)											
Potato, Mushroom & Bacon Shakshuka*	1850	140.5	68.5	3	741.5	2924.5	102	6	12.18	46	without bread 1470
Meatball*	1230	57.5	20	0	575	3600	130	7	38	50	without bread: 730
Traditional*	1010	41	12.5	0	523.5	3500	125	6	33	40	without bread: 510
PLATES											
Hummus	700	36.5	5	0	0	1390	74	10	10	16	without bread: 460
Fresh Corn, Avocado & Farro	520	31	6	0	14.5	1530	53	9	14	11	
Maple Aleppo Chicken	700	24	4.5	0	71.5	1920	87	7	20	34	
Quiche Leek, Potato & Spinach & Salad	900	64.5	37	2	253.5	1010	63	5	7	17	
Roasted Salmon & Winter Vegetable Rice	880	52.5	7	0	75	1559	64	3.5	1.5	43.5	
Harissa Roasted Salmon & Rice	810	45	7.5	0	82	1324	62.5	3	6	43.5	
Tomato Mozzarella Flatbread Slice	620	35	8.5	0	21.5	1160	60	2	10	16	
SANDWICHES											
BLAT	870	55	10.5	0	83.5	1650	73	7	11	25	
Broccolini & Squash Hummus Pita	510	18	2.5	0	0	1500	69	10	12	14	
Chicken Pita	500	15.5	3.5	0	84	870	51	4	8	31	
Chicken Salad	860	43.5	10.5	0	120.5	1520	75	6	14	39	
Fresh Mozzarella	940	51	16	0	50.5	1490	82	5	4	33	
Grilled Cheese	850	43	23.5	0	131	2120	70	3	2	35	
Kids	430	16.5	4	0	43.5	710	64	3	7	12	
Lamb Kebab Pita	710	37.5	17	0	119.5	1450	56	4	9	30	
Prosciutto Panini	990	37	19.5	0	127.5	2250	81	5	31	46	
Roasted Cauliflower	520	22	5.5	0	15.5	1830	67	9	17	13	
Roasted Salmon	1010	68	9.5	0	125	1070	67	3	9	47	
Short Rib Grilled Cheese	640	20.5	5.5	0	100.5	1480	68	3	10	32	
Tuna	850	49	17.5	0	323	990	70	3	10	37	
Turkey Avocado	730	41	7.5	0	81.5	1460	75	10	9	23	
Turkey BLAT	840	48	8.5	0	62	1830	73	12	8	32	
SALADS (with roll & dressing)											
Tahini Ceasar	475	16.5	7.5	0	50	1975	55	6	7	16.5	without bread 335
Crunchy Halloumi	1130	83.5	21.5	0	119.5	2220	61	8	26	38	without bread: 990
Fattoush	1010	81	18	0	81	2010	60	7	13	21	without bread: 870
Green & Nutty	1020	59.5	15	0	41	1100	98	15	58	32	without bread: 880
Maple, Squash & Chicken Salad	590	22.5	6	0	103	1290	65	8	27	34	without bread: 450

NUTRITIONAL INFORMATION v. 09.16.26

NAME	CALORIES (CAL) / SERVING	TOTAL FAT (G)	SAT FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	NOTES
SOUPS (with roll)											
Chicken Vegetable - Bowl	400	14	3.5	0	106.5	2100	47	7	7	23	without bread: 260
Chicken Vegetable - Cup	310	10.5	2.5	0	75	1590	39	5	6	16	without bread: 170
Soup - Red Lentil Soup - Bowl	230	5.5	0.5	0	12.5	830	36.5	3	3.5	7.5	without bread: 90
Soup - Red Lentil Soup - Cup	200	4.5	0.5	0	12.5	740	32.5	2	3	6	without bread: 60
Tomato Basil - Bowl*	470	26	10.5	0.5	57	2390	49	2	20	12	without bread: 330
Tomato Basil - Cup	360	18.5	7	0.5	42	1780	41	2	14	9	without bread: 220
GRAB & GO											
G&G Bagged Salad Rolls	280	7	0.5	0	25	1130	49	2	5	7	
G&G Berries & Grapes	80	0.5	0	0	0	0	21	4	14	1	
G&G Chicken Salad	400	22	5.5	0	123.5	400	15	< 1 gram	12	35	
G&G Chicken Salad Sandwich	650	21.5	4.5	0	92.5	1150	73	6	13	38	
G&G Fattoush Salad	870	77.5	17.5	0	68.5	1450	36	6	10	17	
G&G Fresh Mozzarella Sandwich	940	51	16	0	50.5	1490	82	5	4	33	
G&G Green & Nutty Salad	880	56	14.5	0	28.5	540	74	14	56	29	
G&G Labneh	970	90.5	61.5	0	279	650	25	0	12	15	
G&G Mediterranean Farro Salad	650	40	7	0	12.5	1370	62	6	5	14	
G&G Muesli	710	53	29	0	125	320	47	5	24	13	
G&G Overnight Oats with Dried Fruits	510	10	1	0	0	111.5	96	11	43	12	
G&G Pepper Cashew Relish	500	42	7	0	0	1140	24	2	7	7	
G&G Tomato Soup*	440	30	13.5	0.5	59	2430	32	1	23	11	
G&G Tuna Salad	530	39.5	15	0	84.5	370	6	0	3	33	
G&G Turkey Blat	840	48	8.5	0	62	1830	73	12	8	32	
BAKERY - MORNING PASTRIES											
Boureka, Cheese	470	33.5	22	0	116.5	640	34	1	7	9	
Croissant, Almond	660	38	20	0.5	129.5	490	66	4	28	10	
Croissant, Chocolate	450	24.5	16	0	63.5	350	47	1	16	7	
Croissant, Ham & Cheese	510	29	18	0	111	1050	42	2	8	17	
Croissant, Pistachio	610	36.5	19.5	0.5	118.5	470	57	4	18	12	
Croissant, Plain	390	21.5	14	0	71.5	390	39	2	6	7	
Danish, Sour Cherry Cream Cheese	510	27.5	17.5	0	95	530	56	2	22	8	
Jerusalem Bagel	440	18.5	1	0	0	1150	63	2	11	13	
Kouign-Amann	410	22	14.5	0	65.5	530	44	1	15	6	
Monkey Bread	490	20	13	0.25	60	341	45	1	22	5	
Morning Bun	530	31.5	18	0.5	86.5	350	56	2	27	6	
Muffin, Blueberry Olive Oil	380	23	6.5	0	65	310	40	1	17	5	
Muffin, Dark Chocolate	440	28	14.5	0.5	126	280	40	3	30	7	
Rose, Chocolate	650	24.5	7.5	0.5	54.5	580	84	2	29	11	
Rose, Cinnamon Pecan	730	39	15.5	1	97.5	540	75	4	20	10	
Tea Cake, Halva Sesame (NGI)	260	15.5	5.5	0.5	87.5	150	25	1	18	3	
Tea Cake, Raspberry (NGI)	230	13.5	4	0	71.5	120	22	2	16	3	
Turnover, Apple	430	26.22	17.36	0.22	93.44	440.18	50.83	1.57	23.83	4.7	
Scone, Cherry Almond	520	27.5	15.5	1	89	380	58	3	17	8	
BAKERY - BROWNIES & COOKIES											
Brownies, Plain	590	35.5	21	0.5	136.5	190	45	0	23	7	
Brownies, Walnut	690	46	22	0.5	136.5	190	47	1	24	9	
Cookie, Chocolate Sandwich - Ind	440	24	13.5	0.5	46.5	340	40	2	25	4	
Cookie, Cranberry Pistachio - Ind	45	2	1	0	5	10	6.5	0	3.5	<1 gram	
Cookie, Cranberry Pistachio - Bag	140	6.5	3	0	14.5	30	19	1	10	2	serving = 3 cookies
Cookie, Cranberry Pistachio - Box	140	6.5	3	0	14.5	30	19	1	10	2	serving = 3 cookies
Cookie, Crunchy Almond - Ind	50	3.5	0.5	0	0	0	3	<1 gram	2	2	
Cookie, Halva Chocolate Chunk	390	23	13.5	0.5	63	280	45	<1 gram	26	5	
Cookie, Linzer Lg - Ind	250	13	8.5	0.5	44	140	32	1	14	3	
Cookie, Nutella - Box	170	10	5.5	0.5	24.5	80	19	0	8	2	serving = 2 cookies
Cookie, Nutella - Ind	80	5	2.5	0	12.5	40	9	0	4	<1 gram	
Cookie, Nutella - Tube	170	10	5.5	0.5	24.5	80	19	0	8	2	serving = 2 cookies
Cookie, Oatmeal Raisin (NGI)	500	23.5	11	0.5	74.5	320	69	4	36	7	
Cookie, Plain Butter - Box	120	7.5	4.5	0.5	24.5	75	14	0	4	2	serving = 4 cookies
Cookie, Plain Butter - Ind	30	2	1	0	6	20	4	0	1	0	
Cookie, Plain Butter - Tube	120	7.5	4.5	0.5	24.5	75	14	0	4	2	serving = 4 cookies

NUTRITIONAL INFORMATION v. 09.16.26

NAME	CALORIES (CAL) / SERVING	TOTAL FAT (G)	SAT FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	NOTES
BAKERY - CAKES & DESSERTS											
Cheesecake Cup - Blue Fruit	340	26	16.5	0.5	81.5	140	24	1	15	4	
Cheesecake Cup - Crumbs	370	28.5	18	1	87.5	180	25	0	14	4	
Cheesecake Cup - Red Fruit	350	26.5	16.5	0.5	81.5	140	26	3	15	4	
Coffee Caramel Mousse Ind	530	41	24	1	132.5	65	34	1	20	6	
Dark Chocolate Mousse Ind	540	41.5	25.5	1	150	90	33	0	25	8	
Fruit Box, Mixed Berry	430	28	17	1	75	115	42	3	13	5	
Krembo, Passion Fruit	330	20	12	0.5	59	140	37	0	28	2	
Krembo, Vanilla Lime	270	15	7.5	0.5	62.5	60	34	0	25	2	
Meringue, Raspberry Yogurt - Small	70	0.5	0.5	0	0	15	14	0	14	1	
Pineapple Passionfruit Matcha Bombe	420	28	17	0	35	80	35	1	17	4	
Tart, Lemon Mint - Ind	480	33.5	20	1	117.5	95	44	< 1 gram	26	4	
Tart, Mixed Nut - Ind	870	65.5	23.5	1	100.5	220	68	6	40	13	
Tart, Pear - Ind	890	50	25.5	1.5	177	360	102	5	51	10	
Tart, Pistachio Cherry - Ind	680	42	21	1.5	118	260	70	4	30	10	
Tiramisu Ind	350	14	8.5	0	84.5	70	33	0	22	8	
BAKERY - WHOLE CAKES, PIES & TARTS											
6" Cheesecake, Blue Fruit (8 slices)	390	29.5	18.5	1	91	180	28	1	16	5	serving = 1 slice
6" Cheesecake, Crumb (8 slices)	450	34	21	1	102.5	250	34	< 1 gram	16	6	serving = 1 slice
6" Cheesecake, Red Fruit (8 slices)	390	29.5	18.5	1	91	180	28	2	15	5	serving = 1 slice
6" Dark Chocolate Mousse (8 slices)	470	35.5	21.5	0.5	130	90	29	0	21	7	serving = 1 slice
6" Pistachio Crush (8 slices)	390	33.5	17	1	76.5	55	22	2	17	6	serving = 1 slice
6" Tart, Lemon Mint (8 slices)	370	27	16.5	1	107	65	31	0	20	3	serving = 1 slice
6" Tart, Pear (8 slices)	420	26	11	0.5	77.5	160	43	3	29	4	serving = 1 slice
6" Tiramisu (8 slices)	200	11	7.5	0	66	50	20	0	15	5	serving = 1 slice
9" Cake, Dark Chocolate Mousse (12 slices)	670	51.5	31.5	1	186.5	120	41	0	31	10	serving = 1 slice
9" Cake, Honey Carrot (8 slices)	710	41	11	0.5	140	1010	79	3	49	8	serving = 1 slice
9" Cheesecake, Blue Fruit (12 slices)	500	37.5	23.5	1	116	230	35	2	20	6	serving = 1 slice
9" Cheesecake, Crumbs (12 slices)	540	41	25.5	1	125.5	290	39	< 1 gram	20	7	serving = 1 slice
9" Cheesecake, Red Fruit (12 slices)	500	38	23.5	1	116	230	36	2	20	6	serving = 1 slice
9" Cake, Honey Apple (8 slices)	500	25	6	0	55	220	66	4	32	7	serving = 1 slice
9" Pistachio Crush (12 slices)	600	49.5	25	1.5	111	100	35	3	28	9	serving = 1 slice
9" Tart, Lemon Mint (12 slices)	580	42.5	26	1.5	170.5	100	48	< 1 gram	34	5	serving = 1 slice
9" Tart, Pear (12 slices)	360	20.5	9.5	0.5	67.5	135	41	2	24	4	serving = 1 slice
9" Tiramisu (12 slices)	320	18	12	0	106	80	32	0	24	7	serving = 1 slice
Cake, Coffee (8 slices)	900	49.5	23	1	173	740	105	3	55	14	serving = 1 slice
Galette, Apricot Plum (6 slices)	460	20	12.5	1	61.5	250	63	3	31	4	serving = 1 slice
Loaf Cake, Lemon Poppy (10 slices)	830	33.5	15.5	1	129	300	128	3	86	9	serving = 1 slice
Pie, Apple (6 slices)	690	29	18	1	80	500	103	5	57	5	serving = 1 slice
Pie, Pistachio Cherry (Retail) (9 slices)	560	35	17.5	1	99.5	220	57	3	25	8	serving = 1 slice
Pie, Maple Pecan (8 slices)	709	44.2	14.9	0.76	119.52	306.31	72.38	2.58	44.11	8.71	serving = 1 slice
Pie, Strawberry Rhubarb (6 slices)	640	29.5	18	1	81.5	350	88	4	42	5	serving = 1 slice
Tart, Almond - Long Pie (8 slices)	570	41.5	10	0.5	59	130	44	6	17	13	serving = 1 slice
Tart, Mixed Nut - Long (6 slices)	1040	78.5	25.5	1.5	110.5	240	80	8	41	17	serving = 1 slice
Tart, Pecan - Long (8 slices)	460	33	12.5	0.5	63	130	40	3	19	5	serving = 1 slice
BAKERY - BREAD											
Bread, Baguette Retail (8 slices)	110	0	0	0	0	230	22	< 1 gram	0	4	serving = 1 slice
Bread, Challah Braid Lg (12 slices)	420	10.5	1	0	36	730	73	3	8	10	serving = 1 slice
Bread, Ciabatta Loaf (6 slices)	230	4	0.5	0	0	470	38	2	0	8	serving = 1 slice
Bread, Ciabatta Retail (6 slices)	120	2	0.5	0	0	240	19	1	0	4	serving = 1 slice
Bread, Country Sourdough Retail (12 slices)	140	0	0	0	0	290	27	1	0	5	serving = 1 slice
Bread, Focaccia Ind (6 slices)	140	5.5	1	0	3.5	270	17	1	0	4	serving = 1 slice
Bread, Multigrain Retail (12 slices)	140	2	0	0	0	300	25	2	2	5	serving = 1 slice

NUTRITIONAL INFORMATION v. 09.16.26

NAME	CALORIES (CAL) / SERVING	TOTAL FAT (G)	SAT FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	NOTES
DRINKS											
12 Oz Americano	0	0	0	0	0	15	0	0	0	0	
12 Oz Cafe Au Lait	80	4	2.5	0	15	70	6	0	6	4	
12 Oz Chai Latte	150	5	3	0	19	80	21	0	20	5	
12 Oz Coffee	0	0	0	0	0	10	0	0	0	0	
12 Oz Cold Brew	0	0	0	0	0	0	0	0	0	0	
12 Oz Cold Brew - Keg	0	0	0	0	0	0	0	0	0	0	
12 Oz Cold Milk	230	12	7.5	0	45	180	18	0	17	12	
12 Oz Black Sesame Latte	410	24	7.9	0.02	37.5	220	38.8	1.5	33	13	
12 Oz Decaf Black Sesame Latte	410	24	7.9	0.02	37.5	220	38	1.5	33	13	
12 Oz Ginger & Date Latte	260	6.5	0.5	0	0	130	47	4	32	4	
12 Oz Honey Halva Latte	270	13	7	0	37.5	170	27	< 1 gram	23	11	
12 Oz Hot Chocolate	470	29	18	0	37.5	150	38	0	33	14	
12 Oz Iced Black Tea - Cup	0	0	0	0	0	15	0	0	0	0	
12 Oz Iced Blood Orange Hibiscus Tea - Cup	0	0	0	0	0	15	0	0	0	0	
12 Oz Iced Green Tea - Cup	0	0	0	0	0	15	0	0	0	0	
12 Oz Latte	190	10	6.5	0	37.5	150	15	0	14	10	
12 Oz London Fog	120	4	2.5	0	15	60	18	0	17	4	
12 Oz Matcha Latte	190	10	6.5	0	37.5	150	15	0	14	10	
12 Oz Mocha	360	21.5	13	0	37.5	150	29	0	25	12	
12 Oz Pistachio Latte	390	19	7.5	0	37.5	250	43	2	38	14	
12 Oz Red Eye	0	0	0	0	0	10	0	0	0	0	
12 Oz Tahini Pumpkin Oatmilk Latte	260	10.5	1	0	0	250	40	4	25	5.5	
12 Oz Steamed Milk	190	10	6.5	0	37.5	150	15	0	14	10	
16 Oz Cafe Au Lait	80	4	2.5	0	15	75	6	0	6	4	
16 Oz Chai Latte	170	6	4	0	22.5	95	25	0	24	6	
16 Oz Coffee	0	0	0	0	0	15	0	0	0	0	
16 Oz Cold Brew	0	0	0	0	0	0	0	0	0	0	
16 Oz Cold Brew - Keg	0	0	0	0	0	0	0	0	0	0	
16 Oz Cold Milk	300	16	10	0	60	240	24	0	22	16	
16 Oz Hot Chocolate	560	35	21.5	0	45	180	45	0	39	16	
16 Oz Iced Black Tea - Cup	0	0	0	0	0	20	0	0	0	0	
16 Oz Iced Blood Orange Hibiscus Tea - Cup	0	0	0	0	0	20	0	0	0	0	
16 Oz Iced Green Tea - Cup	0	0	0	0	0	20	0	0	0	0	
16 Oz Latte	230	12	7.5	0	45	180	18	0	17	12	
16 Oz London Fog	150	4	2.5	0	15	60	24	0	23	4	
16 Oz Matcha Latte	230	12	7.5	0	45	180	18	0	17	12	
16 Oz Mocha	450	27	16.5	0	45	180	36	0	32	15	
16 Oz Red Eye	0	0	0	0	0	15	0	0	0	0	
16 oz Sparkling Matcha Lemonade	80	0	0	0	0	0	21	0	20	0	
16 Oz Steamed Milk	300	16	10	0	60	240	24	0	22	16	
8 Oz Flat White	110	6	4	0	22.5	90	9	0	8	6	
Blood Orange Hibiscus Tea - Cup	0	0	0	0	0	15	0	0	0	0	
Blood Orange Hibiscus Tea - Pot	0	0	0	0	0	25	0	0	0	0	
Box Of Coffee	0	0	0	0	0	15	0	0	0	0	
Cappuccino	110	6	4	0	22.5	90	9	0	8	6	
Chamomille Tea - Cup	0	0	0	0	0	15	0	0	0	0	
Chamomille Tea - Pot	0	0	0	0	0	25	0	0	0	0	
Cortado	80	4	2.5	0	15	60	6	0	6	4	
Double Espresso	0	0	0	0	0	0	0	0	0	0	
Earl Grey Tea - Cup	0	0	0	0	0	15	0	0	0	0	
Earl Grey Tea - Pot	0	0	0	0	0	25	0	0	0	0	
English Breakfast Tea - Cup	0	0	0	0	0	15	0	0	0	0	
English Breakfast Tea - Pot	0	0	0	0	0	25	0	0	0	0	
Espresso Shot	0	0	0	0	0	0	0	0	0	0	
Golden Green Tea - Cup	0	0	0	0	0	15	0	0	0	0	
Golden Green Tea - Pot	0	0	0	0	0	25	0	0	0	0	
Iced 12 Oz Americano	0	0	0	0	0	0	0	0	0	0	
Iced 12 Oz Chai Latte	120	4	2.5	0	15	65	17	0	16	4	
Iced 12 Oz Latte	130	7	4.5	0	26.5	105	11	0	10	7	
Iced 12 Oz Matcha Latte	130	7	4.5	0	26.5	105	11	0	10	7	
Iced 12 Oz Mocha	280	17.5	10.5	0	22.5	90	23	0	20	8	
Iced 12 Oz Red Eye (W/Concentrate)	0	0	0	0	0	0	0	0	0	0	
Iced 12 Oz Red Eye (W/Keg)	0	0	0	0	0	0	0	0	0	0	
Iced 16 Oz Americano	0	0	0	0	0	0	0	0	0	0	
Iced 16 Oz Chai Latte	150	5	3	0	19	80	21	0	20	5	
Iced 16 Oz Black Sesame Latte	410	24	7.9	0.02	37.5	220	38.8	1.5	33	13	
Iced 16 Oz Decaf Black Sesame Latte	410	24	7.9	0.02	37.5	220	38.8	1.5	33	13	
Iced 16 Oz Honey Halva Latte	303	14	6.4	0	30	159	35	1	29	10.5	
Iced 16 Oz Decaf Honey Halva Latte	303	14	6.4	0	30	159	35	1	29	10.5	
Iced 16 Oz Ginger & Date Latte	260	6.5	0.5	0	0	130	47	4	32	4	
Iced 16 Oz Latte	190	10	6.5	0	37.5	150	15	0	14	10	
Iced 16 Oz Matcha Latte	170	9	5.5	0	34	135	14	0	12	9	
Iced 16 Oz Mocha	370	23	14	0	30	120	30	0	26	11	
Iced 16 Oz Pistachio Latte	350	17	6	0	30	220	40	2	35	12	
Iced 16 Oz Red Eye (W/Concentrate)	0	0	0	0	0	0	0	0	0	0	

NUTRITIONAL INFORMATION v. 09.16.26

NAME	CALORIES (CAL) / SERVING	TOTAL FAT (G)	SAT FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	NOTES
DRINKS (cont.)											
Iced 16 Oz Red Eye (W/Concentrate)	0	0	0	0	0	0	0	0	0	0	
Iced 16 Oz Red Eye (W/Keg)	0	0	0	0	0	0	0	0	0	0	
Iced 16 Oz Tahini Pumpkin Oatmilk Latte	260	10.5	1	0	0	250	40	4	25	5.5	
Kale And Apple Juice G&G	120	0	0	0	0	0	0	0	0	0	
Macchiato	80	4	2.5	0	15	60	6	0	6	4	
Matcha Rhubarb Spritz	130	0	0	0	0	5	32	1	30	1	
Mint Lemonade G&G	130	0	0	0	0	10	34	0	31	0	
Moroccan Mint Tea - Cup	0	0	0	0	0	15	0	0	0	0	
Moroccan Mint Tea - Pot	0	0	0	0	0	25	0	0	0	0	
Orange Juice G&G	360	1	0	0	0	0	81	2	65	0	
Pear Juice G&G	170	0	0	0	0	15	42	< 1 gram	36	0	
Preserved Fig, Lemon, & Mint Soda	160	0	0	0	0	30	< 1 gram	0	33	0	
16 oz Tea Cooler, Mango Ginger	110	0	0	0	0	9	27	0	24	0	
16 oz Tea Cooler, Strawberry Chamomile	115	0	0	0	0	15	30	2	28	0	
16 oz Tea Cooler, White Peach & Mint	110	0	0	0	0	7	28	1	27	0	
20 oz Tea Cooler, Mango Ginger	145	0	0	0	0	12	35	1.5	30	0	
20 oz Tea Cooler, Strawberry Chamomile	150	0	0	0	0	16	39	2.5	37	0	
20 oz Tea Cooler, White Peach & Mint	135	0	0	0	0	8.5	34	1	32.5	0	
Iced 16 Oz Pistachio Rose Latte	410	23	9	0	45.5	237	43	2	37	13	
Iced 16 Oz Decaf Pistachio Rose Latte	410	23	9	0	45.5	237	43	2	37	13	
20 Oz Iced Black Tea - Cup	0	0	0	0	0	25	0	0	0	0	
20 Oz Iced Blood Orange Hibiscus Tea - Cup	0	0	0	0	0	25	0	0	0	0	
20 Oz Iced Green Tea - Cup	0	0	0	0	0	25	0	0	0	0	
Water, Tatte	0	0	0	0	0	0	0	0	0	0	
FOOD ADD-ONS											
Add Arugula	5	0	0	0	0	0	< 1 gram	0	0	0	
Add Avocado (about half an avocado)	160	14.5	2	0	0	5	9	7	< 1 gram	2	
Add Bacon (2 slices)	100	7.5	2.5	0	21	360	0	0	0	7	
Add Butter (2 packets)	120	12	8	0	30	100	0	0	0	0	
Add Cheddar Cheese (1 slice)	110	9.5	5.5	0.5	27.5	180	< 1 gram	0	0	7	
Add Chicken (4 oz)	110	1	0	0	70.5	40	0	0	0	24	
Add Chicken Salad (6 oz)	300	16	4	0	95	300	11	1	9	26	
Add Edamame	60	2.5	0	0	0	0	4	3	1	6	
Add Egg	70	4.5	1.5	0	215	65	0	0	0	6	
Add Extra Short Rib	150	3.5	1.5	0	46	480	0	0	0	16	
Add Fava Beans	30	0.5	0	0	0	20	5	2	0	2	
Add Feta	140	10	7	0	22.5	790	2	0	0	11	
Add NGI Bread (2 slices)	140	5	0	0	0	270	24	1	2	2	
Add Granola	210	12	1.5	0	0	25	21	2	7	5	
Add Goat Cheese	170	13.5	9.5	0	29.5	290	0	0	0	12	
Add Halloumi Cheese	200	15	8.5	0	48	610	2	0	2	13	
Add Ham (3.5 oz)	150	8	3.5	0	52.5	1050	5	0	5	15	
Add Jam	90	0	0	0	0	15	23	1	22	0	
Add Lamb Meatball (2.4 oz)	160	12.5	5.5	0	47	320	< 1 gram	0	0	11	
Add Lamb Meatball - Salad Portion (4.8 oz)	320	24	10	0	90	640	1	0	0	22	
Add Maple Syrup	110	0	0	0	0	0	26	0	24	0	
Add Marinated Tuna (3.5 oz)	310	23.5	4	0	22.5	160	0	0	0	20	
Add Mayo	190	20.5	3	0	11.5	180	0	0	0	0	
Add Mixed Pickled Vegetables	40	0.5	0	0	0	160	7	2	4	1	
Add Prosciutto (1 oz)	50	3	2	0	25.5	526	0	0	0	8	
Add Rice	290	7.5	1	0	0	720	50	0	0	4	
Add Roasted Salmon (5 oz)	300	20	2.5	0	74.5	100	0	0	0	36	
Add Sliced Cucumber	0	0	0	0	0	140	1	0	0	0	
Add Sliced Tomato	10	0	0	0	0	0	2	< 1 gram	1	0	
Add Smoked Salmon	70	2.5	0.5	0	30	790	0	0	0	13	
Add Spinach	10	0.5	0	0	0	10	0	0	0	0	
Add Tomato Jam	30	0	0	0	0	390	7	1	6	< 1 gram	
Add Tuna Salad	310	24.5	9	0	52.5	230	4	0	2	22	
Add Turkey	50	0.5	0	0	30	410	0	0	0	11	
Dressing - Crunchy Halloumi Salad	290	31	3	0	0	230	0	0	2	0	
Dressing - Fattoush Salad	150	16	2.5	0	0	0	0	0	0	0	
Dressing - Green & Nutty Salad	280	27	3.5	0	0	220	10	0	9	0	
Dressing - Maple, Squash & Chicken Salad	50	6.5	4.4	0	20	319	12.5	1	11	1	
Dressing - Tahini Caesar Salad	100	7.5	3.5	0	15	610	5	0	0.5	4	
DRINK ADD-ONS											
Add Decaf Espresso Shot	0	0	0	0	0	0	0	0	0	0	
Add Espresso Shot	0	0	0	0	0	0	0	0	0	0	
Add Syrup - Caramel	50	0	0	0	0	0	12	0	12	0	
Add Syrup - Hazelnut	50	0	0	0	0	0	12	0	12	0	
Add Syrup - Vanilla	50	0	0	0	0	0	12	0	12	0	
Add Splash of Half & Half (2 oz)	80	7	4	0	20	20	2	0	2	2	
Add Splash of Almond Milk (2 oz)	10	0.5	0	0	0	45	0	0	0	0	
Add Splash of Oat Milk (2 oz)	30	1.5	0	0	0	25	4	< 1 gram	2	< 1 gram	
Add Splash of Whole Milk (2 oz)	40	2	1.5	0	10	30	3	0	3	2	
Add Orange Blossom Vanilla Cold Foam	70	5.5	3	0	15.5	15	5	0	4	0.5	